


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">OCTOBER 2019</h1>						
		<p>10:00 Exercise – D 1</p> <p>10:00 Helping Hands - D</p> <p>10:00 Art Studio – L</p> <p>2:00 Bingo Village Hall</p> <p>2:45 Meet the Candidates NDP</p> <p>6:15 Basketball - D</p>	<p>10:00 Exercise – J 2</p> <p>10:30 Logos Church - J</p> <p>10:00 Reading Group</p> <p>2:00 Sing-a-long</p> <p>2:00 Resident Memorial -Vh</p> <p>4:00 Knitting - R</p> <p>6:00 Children Karate demonstrations – VH</p>	<p>10:00 Exercise – S 3</p> <p>10:00 Art Studio – L</p> <p>10:30 Baptist Church -Ch</p> <p>2:00 Smile Theater <i>Lucy Maude and Anne</i></p> <p>6:00 Grounding Dance – D</p> <p>6:30 Pet Visit - D</p>	<p>10:00 Exercise – E 4</p> <p>10:00 One-to-one visits</p> <p>2:00 Music with Claire and Terry - D</p> <p>6:00 Movie Night Village Hall</p> <p>6:15 Tea Tasting – D</p>	<p>10:00 Balloon Toss – D 5</p> <p>10:00 Morning Exercise - E</p> <p>2:00 Bingo Village Hall</p> <p>6:15 Travelling Tavern</p>
<p>10:00 Hymn Sing – D 6</p> <p>10:00 Inspirational Song-E</p> <p>2:00 Balloon Toss - A</p> <p>6:15 Bible Stories – A</p>	<p>10:00 Exercise – A 7</p> <p>10:00 Ball toss -D</p> <p>2:00 Creative Corner –D</p> <p>3:30 Current Events – A</p> <p>6:15 Horseracing - D</p>	<p>10:00 Exercise – D 8</p> <p>10:00 Art Studio – L</p> <p>2:00 Parachute Game</p> <p>2:00 Bingo -Vh</p> <p>6:15 Basketball - D</p>	<p>10:00 Exercise – J 9</p> <p>10:00 Reading Group</p> <p>2:00 Sing-a-long</p> <p>2:00 Meet the Candidates <i>Bill Blair</i></p> <p>4:00 Knitting - R</p> <p>6:15 Balloon Toss - D</p>	<p>10:00 Exercise – T 10</p> <p>10:00 Art Studio – L</p> <p>10:00 Word Games</p> <p>10:40 United Church -Ch</p> <p>2:00 Dance with Me - VH</p> <p>6:00 Grounding Dance – D</p> <p>6:30 Pet Visit - D</p>	<p>10:00 Exercise – E 11</p> <p>10:00 One-to-one visits</p> <p>2:00 Dance Time</p> <p>2:00 Digital Literacy Program Information Session – VH</p> <p>6:00 Bowling Village Hall</p>	<p>10:00 Ball Toss -J 12</p> <p>10:00 Scrapbooking -T</p> <p>2:00 Bingo Village Hall</p> <p>6:15 Campfire Sing - D</p>
<p>10:00 Hymn Sing -S & R 13</p> <p>2:00 Thanksgiving Tea with Tom Hamilton -VH</p> <p>6:15 Fun & Games - A</p> <p>6:15 Grounding Dance -D</p>	<p>10:00 Ball toss -D 14</p> <p>10:00 Exercise – R</p> <p>2:00 Creative Corner –D</p> <p>3:30 Current Events – S</p> <p>6:15 Balloon Toss - R</p> <p style="text-align: center;"><small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small></p>	<p>10:00 Exercise – D 15</p> <p>10:00 Helping Hands - D</p> <p>10:00 Art Studio – L</p> <p>2:00 Parachute Game</p> <p>2:00 Bingo - Vh</p> <p>6:15 Basketball - D</p>	<p>10:00 Exercise – J 16</p> <p>10:30 Logos Church - J</p> <p>10:00 Reading Group</p> <p>2:00 Sing-a-long</p> <p>2:00 Hands on Exotic- Vh</p> <p>4:00 Knitting - R</p> <p>6:15 Balloon Toss - D</p>	<p>10:00 Exercise – S 17</p> <p>10:00 Word Games</p> <p>10:00 Art Studio – L</p> <p>10:00 Anglican Church -Ch</p> <p>2:00 Bowling – D</p> <p>6:00 Grounding Dance – D</p> <p>6:30 Pet Visit - D</p>	<p>10:00 Exercise – E 18</p> <p>10:00 One-to-one visits</p> <p>2:00 Dance Time</p> <p>6:30 Pub Night – VH <i>Dolphin</i></p>	<p>10:00 Balloon Toss – D 19</p> <p>10:00 Fitness with fun - E</p> <p>2:00 Bingo Village Hall</p> <p>6:15 Active Games – A</p>
<p>10:00 Hymn Sing – D 20</p> <p>10:00 Spiritual Song - E</p> <p>2:00 Drumming with Dilip</p> <p>6:15 Bible Stories – A</p>	<p>Federal Election Polling 21 Station in the Village Hall</p> <p>10:00 Ball toss -D</p> <p>10:00 Exercise – A</p> <p>2:00 Creative Corner –D</p> <p>3:30 Current Events – A</p>	<p>10:00 Exercise – D 22</p> <p>10:00 Art Studio – L</p> <p>2:00 Parachute Game</p> <p>2:00 Bingo Village Hall</p> <p>6:15 Basketball - D</p> <p style="text-align: center;"><small>Simchat Torah</small></p>	<p>10:00 Exercise – J 23</p> <p>10:00 Reading Group</p> <p>2:00 Birthday Party – VH with Deirdre</p> <p>4:00 Knitting - R</p> <p>6:15 Balloon Toss - D</p>	<p>10:00 Exercise – T 24</p> <p>10:00 Art Studio – L</p> <p>10:00 Word Games</p> <p>10:30 Catholic Mass -Ch</p> <p>2:00 Bowling – D</p> <p>2:00 Resident Council - Ch</p> <p>6:00 Grounding Dance – D</p> <p>6:30 Pet Visit - D</p>	<p>10:00 Exercise – E 25</p> <p>10:00 One-to-one visits</p> <p>2:00 Dance Time</p> <p>5:00 Dinner Club Greek – Please sign up</p>	<p>10:00 Ball Toss -J 26</p> <p>10:00 Scrapbooking - T</p> <p>2:00 Bingo Village Hall</p> <p>6:15 Travelling Tavern</p> <p>6:15 Campfire Sing - D</p>
<p>10:00 Hymn Sing -S & R27</p> <p>2:00 Arts and Craft - D</p> <p>2:00 Travelling music with Toni</p> <p>6:15 Grounding Dance -D</p>	<p>10:00 Exercise – R 28</p> <p>10:00 Ball toss -D</p> <p>2:00 Pumpkin Carving -D</p> <p>3:30 Current Events – S</p> <p>6:15 Balloon Toss - R</p>	<p>10:00 Exercise – D 29</p> <p>10:00 Helping Hands - D</p> <p>10:00 Art Studio – L</p> <p>2:00 Parachute Game</p> <p>2:00 Bingo Village Hall</p> <p>6:15 Basketball - D</p>	<p>10:00 Exercise – J 30</p> <p>10:00 Reading Group</p> <p>1:30 Baking -VH</p> <p>2:00 Sing-a-long</p> <p>4:00 Knitting - R</p> <p>6:15 Balloon Toss - D</p>	<p>10:00 Exercise – S 31</p> <p>10:00 Art Studio – L</p> <p>2:00 Halloween Party with <i>Tom and Scarlett</i></p> <p>6:00 Grounding Dance – D</p> <p>6:30 Pet Visit - D</p> <p style="text-align: center;"><small>Halloween</small></p>	 <h1 style="margin: 0;">Diamond</h1>	