

Chester Village Resident Council Minutes **Thursday March 29th 2018 at 2:00 pm in the Chapel**

Attendees

Anne McGrath, Edward Lamb, Pearl Officer, Christina Coe, Sophie Antonopoulos, Elizabeth Bell, Khadija Hussain, Margaret Kent. Man Yee, Rena Outlette, Bill Kallo, Olga Trone, Ann Klim, Irene Dack

Morgan Geast (Activation Manager), Magdalena (Food Services Manager)

Welcome

Members were welcomed and thanked for attending. The January minutes were read (since there was no meeting in February), and reviewed. They were accepted by Rena Oulette and Ted Lamb.

Business Arising from Previous Minutes

- No concerns at this time from previous minutes.

Food Committee Report

- Magdalena read over the Food Committee minutes from March. During that meeting they reviewed meal and snack times. Magdalena reviewed this with the Residents' Council.
- First the snack times were reviewed and discussed;
 - 10:15 am morning – hot and cold fluids and anyone with a special order snack
 - 2:15 pm afternoon – hot and cold fluids and a small snack (cookie, muffin).
 - 7:15 pm evening snack – hot and cold fluids and snack (sandwich, cheese crackers, muffin)
- Residents expressed that they are pleased with the timing of each morning, afternoon and evening snack and the selection offered.
- Magdalena then reviewed the three meal times and they are as follows;
 - Hot Breakfast 8:30 am
 - Hot Lunch 12:00 pm
 - Dinner 5:00 pm
- Residents expressed that the timing of each morning, afternoon and evening meal times work well with the daily routine and do not wish it to be changed.
- Residents asked if they could have more cheese and crackers at pm snack. Magdalena said she could accommodate and offer this snack weekly.
- All residents were reminded that they have the option to request cheese throughout the day, as it is stocked in each home area's fridge.
- New spring/summer menu will be starting Monday April 9th 2018.

- The group discussed the idea of having the Food Committee meetings on the home areas. This may allow more residents to attend, increase interest and increase number of participants. The group agreed that they would like this idea and are open to the idea of changing the location and having it on a rotating schedule. The next Food Committee meeting will be Friday April 13th at 11:00 am on the Amethyst home area.

Concerns Report

- None at this time

Quality Report

- The following Resident Rights were read and discussed; Resident Right # 20 *"Every resident has the right to participate in the Residents' Council."* Resident Right #21 *"Every resident has the right to meet privately with his or her spouse or another person in a room that assures privacy."*
- Cynthia Chiappetta, CEO, sent a question to the Resident Council; *The pharmacy has offered to provide education sessions for the Residents' Council. Would this be something of interest and if so, what topics would they like to learn more about?* The Council expressed interested in this idea and stated they would be interested in learning more about pain and arthritis management, and any other topics that the pharmacy may feel would be of interest to the group.

Recreation Report

- Events for April were highlighted; Easter social, Spring Party, trip to the mall, West Scarborough Choir, Resident Art Show, Birthday Party and new to Chester Village saxophone player.

Other Business

- The Family Council was concerned that the cups that are being used during socials and meal clubs, are too hard to use for residents. The Residents' Council was asked how they felt about the cups and if they would like a change. The residents expressed their satisfaction with the china cups, as it makes the events feel "special and different". China cups will continue to be used, yet larger mugs will be available upon request.
- Gabriella Pinteá, RN Quality Lead, presented to the group about wound and pressure ulcers. Residents were given the opportunity to ask questions.

The meeting adjourned at 3:15 pm. The next meeting will be Wednesday April 25th at 2:00 pm.

Ellen Little, Residents' Council Member