



COVID-19 Policies: What Residents Can Expect in a Long-Term Care Home

(As of April 11th, 2022 unless otherwise specified)



All residents may*...

- Enjoy the company of general visitors, consistent with the individual home's vaccination policy
- Have up to four visitors (including caregivers) at a time indoors, consistent with the individual home's vaccination policy.
- Enjoy outdoor visits, with the number of visitors based on the home's policy.
- Participate in group social activities, including games, clubs and exercises.
- Have meals in the dining room, including buffet and family-style meals.
- Leave the home for all types of absences, including social day and overnight absences.

*Unless otherwise directed by the local public health unit or when isolating

What temporary measures are in place to safeguard long-term care homes?

- All staff, students, volunteers, caregivers, support workers and general visitors must be screened and wear masks, whether inside or outside. Those visiting indoors must also be tested.
- Continued infection prevention and control measures will be followed, including distancing between groups and dining tables, masking, hand washing and enhanced cleaning.

What if the home is in outbreak?

Residents can expect the following if the area of the home they live in is in outbreak*:

- Group activities, dining and social gatherings may continue in non-outbreak areas if residents can follow public health measures.
- For outbreak areas of a home, residents will be cohorted in small groups for all essential activities. Group activities for cohorts may continue/resume if operationally feasible.
- Communal dining, non-essential activities and personal care services will be suspended or modified.
- Caregivers can still visit.

*Unless otherwise directed by the local public health unit



COVID-19 Safety Measures for Absences

(As of April 11th, 2022 unless otherwise specified)

Whenever outside of the home, residents should do their best to:

- Wear a mask (as tolerated)
- Wash hands frequently
- Limit their contact with others. Avoid crowds and large social gatherings with crowding.

What happens when I return home?

When residents return from a day or overnight absence* they will:

- Be actively screened
- Undergo a PCR test on day five following the absence
- Not need to quarantine unless they show symptoms upon return to the home.

Note: Residents who have been COVID-19 positive in the past 90 days may not be required to undergo testing and quarantine requirements when returning from an absence unless they have symptoms of COVID-19.

*If returning from hospital, this assumes the hospital is not in outbreak, resident is not symptomatic and has not been exposed to COVID-19. If the hospital is in outbreak the PHU will advise on testing and quarantine requirements.

What if I come into contact with someone with COVID-19?

Residents with up-to-date COVID-19 vaccines:

- Screened on arrival and quarantined until a negative result is obtained from the day five test

Residents who do not have up-to-date vaccines:

- Screened on arrival and quarantined for 10 days with a PCR test on day five.
- All residents are still permitted to see their caregivers while in quarantine